

EHEALTH

Monthly Newsletter by **Healthsync** Health Management and Wellness Company

MAY 2014

“Healthcare Spending the Highest Since 1980 - 9.9% Annual Rise”

Healthcare spending rose at the fastest pace since 1980 during the first 3 months of this year, as the new health insurance law prompted many more Americans to visit doctors and hospitals. (Jan—March 2014).

The sharp increase also reflects other trends that should continue to drive up spending in 2014 after years of slow growth. Healthcare spending climbed at a 9.9% annual rate last quarter because of higher spending at hospitals, the Bureau of Economic Analysis reports. This compared to a 5.6% gain the last quarter in 2013.

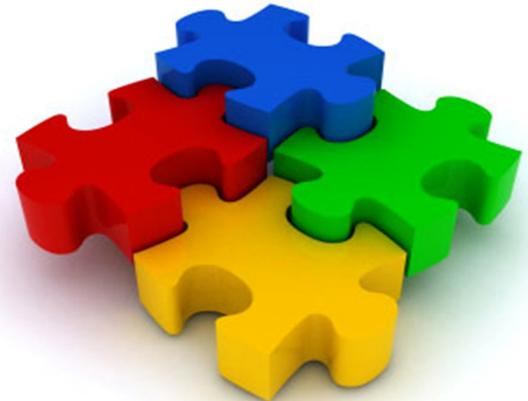
Most of the increase can be traced to the 8 million Americans who signed up for health insurance under the Affordable Care Act. Further increases are likely in the second quarter, in part because of the ACA’s deadline was extended to April 15 for many people.

It was noted that the upward pressure on health costs, such as growth

of your wellness program isn’t connecting all of the pieces of the puzzle, contact Healthsync to learn more (502.244.4848).

Our next edition will cover the last puzzle piece, Clinical Services/Health Coaching/Disease Management.

Not All Wellness Programs Are Equal!



For more information contact:

**Michelle Amshoff
President
Healthsync**

502.244.4848

michelle@healthsyncwellness.com

Visit us on the web at
www.healthsyncwellness.com

Get A Grip On Your Healthcare Costs